

Canadian Women's Field Lacrosse Rule Clarification



TO: MA Women's Field Umpire Contacts
RE: Rule Clarification

Date: April 22nd, 2019

To whom this may concern,

A clarification regarding Game Duration - A reminder that games are now 4 quarters.
Following each quarter teams are to switch goals, no longer just at half-time.

RULE 11: DURATION OF PLAY

A. The duration of the game will be four 10 minutes quarters, for Under-11 and Under-13 – 12.5-minute quarters for Under-15, Under-19 and Senior.

B. The horn indicates the end of time in each quarter and overtime period. Teams will change ends after quarters 1, 2 & 3. Quarter breaks may not exceed 2 minutes and half time may not exceed 5 minutes.

Guidance: The length of the quarters may be reduced for competition that is not an official FIL event. The umpires and captains/coaches must agree on the length of the quarters.

If you have any questions or concerns, please contact me.

Respectfully submitted

Rachel Johnston
Director of Officiating
r.johnston1100@gmail.com